

Lawrence H. Jones DO, FAAO

On 22 April 1996, Dr Lawrence Jones succumbed to prostatic cancer. He was 83. Dr Jones was one of the great innovators of the osteopathic profession, on par with his teachers William Sutherland and Harold Hoover. Of course, 'Dr Larry' would refute this claim – he was a very modest man.

For his pioneering efforts Dr Jones was awarded the A.T. Still Medallion of Honor, osteopathy's highest award, just a month before his death. (Thank goodness two

professors, John Glover and John Jones, briskly moved this nearly-overlooked award through the osteopathic bureaucracy.)

Dr Jones invented Strain-Counterstrain around 1955. Counterstrain was the culmination of 20 years of independent clinical tinkering in Jones's rural clinical practice. The technique he developed is simple yet powerful. Counterstrain is now used by a variety of bodyworkers around the world. Many of Dr Jones' students adapted his ideas and coined new methods, such as Spontaneous Release, Ortho-Bionomy®,

MICHI®, Fold-and-Hold®, Structural Muscular Balancing®, and Facilitated Positional Release. Dr Jones encouraged these modifications of his technique. He did not try to become the guru of a static Counterstrain cult, he preferred to be the discoverer of an evolving system. Dr Jones was a very generous individual, an enthusiastic instructor, and he was fun. His eyes, smile, and *hands* are missed by all who knew him.

John M. McPartland DO

Boris R. Chaitow DC, DO, ND 1907–1995

Neuromuscular technique, now practised throughout the world as a means of soft tissue manipulation, was born out of the genius of two men, Stanley Lief DC ND and his cousin Boris Chaitow.

Boris was born in Latvia and went to south Africa at the age of 8 where he qualified as a lawyer in the early 1930s. After a few years of legal practice he went to the USA to study chiropractic and graduated from National College, Chicago in 1937 before joining

Stanley Lief as his assistant at Lief's renowned health resort, Champneys, in Hertfordshire, UK.

NMT was at that time already being developed by Lief, based on his research into traditional Ayurvedic massage methods. It was Boris who added to the methodology the concept, in NMT evaluation, of a 'variable pressure' application, one which 'met and matched' the tissues, but which did not overcome their intrinsic tone. After a distinguished career in the UK Boris eventually returned to South Africa where in 1971 he founded High Rustenburg Health

Hydro at Stellenbosch in the Cape, now Africa's premier naturopathic institution, where he passed away late in 1995. His influence lives on in the tens of thousands now using NMT and amongst the many naturopathic, osteopathic and chiropractic practitioners who were inspired and influenced by his vision and energy, and at the Hydro where his work continues. Boris is survived by three sons.

Leon Chaitow DO