



## EDITORIAL

# Progress report: JBMT in 2008

In this editorial it's my pleasure to share with you a 'progress' report, based on information gathered and provided by Elsevier, JBMT's publisher.

- JBMT's referencing standard
- JBMT's physical quality
- JBMT's reputation

## Satisfaction

The report includes the results of feedback from authors as to their satisfaction with the process of submitting, being reviewed by, and eventually being published by JBMT.

Authors who had been published in JBMT were asked to list other journals, in which they had recently published, and to compare their experiences with JBMT, against these.

The satisfaction rating for the *Journal of Bodywork and Movement Therapies* is 76.3, which is well above the average for *all* journals which is 66.9.

## Geographical spread

And where do the – presumably satisfied – corresponding authors of the articles published in JBMT, come from?

- USA 50%
- W. Europe 20%
- UK/Ireland 15%
- Asia 5%
- Australia 5%
- Rest of the World 5%

## Why authors chose JBMT?

And why did authors choose to submit their papers to JBMT?

Among the main reasons were:

- The Editorial Advisory Board

## Increased number of published papers

The number of articles published in JBMT during 2008 was 100, compared with 46 the year before. This increase was possible due to the increase in the number of pages in each issue, each of which now contains over 100 pages.

## Downloads

During 2008 there were an average of 10,700 full JBMT article downloads from ScienceDirect, each month, compared with an average of 7000 monthly in 2007. With JBMT now being MedLine indexed, this number can be expected to rise.

The most popular downloaded paper was: *Treating non-specific chronic low back pain through the Pilates Method* by La Touche et al. (JBMT 12(4): 364–370).

## Where do the downloads go to?

The geographical spread of downloads from JBMT occurred in the following regions/countries:

- UK 25%
- Europe 20%
- USA 20%
- Asia 16%
- Australasia 9%
- Mid and South America 4%
- Middle East 4%
- Africa 2%

## Access by institutions

JBMT had 129 institutional subscribers in 2008 (academic and medical institutions, for example) – and the spread of these is highlighted by the geographical locations of the top 10 (based on usage of ScienceDirect).

- Kasturba Medical College India
- University of Glamorgan United Kingdom
- Logan College of Chiropractic United States
- University Degli Studi di Padova Italy
- University of Teesside United Kingdom
- National Health Service United Kingdom  
Scotland
- University of Central Lancashire United Kingdom
- Unitec Institute of Technology New Zealand
- University of South Australia Australia
- Sheffield Hallam University United Kingdom

## Citations

A question often asked by prospective authors involves the influence JBMT articles have on others – represented by how many times particular papers are cited by others.

The top 6 cited JBMT papers, during 2008, were:

- Dunnett, A., et al., 2007. *The diagnosis of fibromyalgia in women may be influenced by menstrual cycle phase*. JBMT 11(2).

- Lucas, K., et al., 2004. *Latent myofascial trigger points: their effects on muscle activation and movement efficiency*. JBMT 8(3).
- Kostopoulos, D., 2004. *Treatment of carpal tunnel syndrome: a review of the nonsurgical approaches with emphasis in neural mobilization*. JBMT 8(1).
- Schleip, R., 2003. *Fascial plasticity—a new neurobiological explanation: Part 1*. JBMT 7(1).
- Fernandez-De-Las-Penas, C., et al., 2006. *The immediate effect of ischemic compression technique and transverse friction massage on tenderness of active and latent myofascial trigger points: a pilot study*. JBMT 10(1).
- Herrington, L., Davies, R., 2005. *The influence of pilates training on the ability to contract the transversus abdominis muscle in asymptomatic individuals*. JBMT 9(1).

This gratifying progress report is the result of a great deal of work, by a wide range of people, many of whom are often unacknowledged. To help remedy this I would like to sincerely thank the journal's management and production teams, as well as my associate editors, and the International Advisory Board members, many of whom offer their time, knowledge and expertise to the reviewing of submitted papers.

And of course, my thanks to you the reader, for without your interest, JBMT would not exist.

*Editor in Chief*

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